



DEEP:

Diabetes Education Empowerment Program

THURSDAYS, BEGINNING September 20, 10AM-11:30AM ◇ SEQUOIA ROOM



Join us to learn more about how to protect yourself from the harmful effects of diabetes and hypertension!

Participants who attend every class will graduate with a certificate.

Lunch is provided. Pre-registration is **REQUIRED**.

2018 DATES
Thursday, September 20
Thursday, September 27
Thursday, October 4
Thursday, October 11
Thursday, October 18
Thursday, October 25

FOR MORE INFORMATION,
CONTACT Myrna Monroe, CHW
(916) 341-0576 ext. 2236



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