

SNAHC's Youth Ambassadors Program Application

Application Due: November 30th, 2017

Age limit: 12 - 22 years old

Thank you for your interest in becoming a SNAHC Youth Ambassador! As a Youth Ambassador, you will be a part of an exciting new team dedicated to empowering Native youth throughout Sacramento County. You will have the opportunity to share your voice, represent SNAHC in the community, and promote positive change in regards to mental health services. Additionally, you will help plan and sponsor prevention based programming for Native youth. Being a SNAHC Youth Ambassador is a **one-year commitment** and an amazing opportunity to serve on a youth-centered advisory committee dedicated to shaping healthy Native communities. Below are some additional benefits and expectations associated with being a SNAHC Youth Ambassador:

As a SNAHC Youth Ambassador, you will develop leadership skills including:

- Teamwork and Cooperation
- Conflict Resolution
- Time-Management
- Organization
- Communication
- Public Speaking
- Problem Solving
- Interdependence – Connection to your community
- Knowledge of challenges that effect your community
- College readiness

As part of this group you are responsible for:

- Attending at least 9 out of 12 ambassador meetings at Sacramento Native American Health Center or other designated organization
- Communicating ahead of time if you are unable to attend or you are going to be late
- Attending at least 3 out of 4 organized outings with other Youth Ambassadors and support staff
- Attending at least one community event such as PowWows, College Fairs, Big Times, etc.
- Sharing knowledge, experiences and ideas. What you say matters!
- Communicating with your fellow Youth Ambassadors through: email, text, phone
- Providing input on needs of the community
- Practicing and sharing your culture in a good way
- Linking youth and other community members to our programs and gatherings
- Outreaching to youth in your community
- Exchanging information between other youth and SNAHC
- Advising on program development, quality of projects and services
- Participating in our social media campaign

You will be compensated \$30 for every month you participate as a Youth Ambassador. This includes time spent in meetings and completion of homework in preparation for the following meeting. In lieu of receiving compensation, participants may also request their participation be credited toward school required community service hours. Any participant may be dismissed due to lack of commitment. **By signing below**, you affirm that you have read the above explanations and guidelines, and agree to work toward achieving these expectations and responsibilities if you are selected to participate in the Youth Ambassador Program.

Print Name

Date

Sign Name

Date

All application materials are due November 30th, 2017

Please submit materials via email or in-person to:

Val Sierra

Valentin.Sierra@snahc.org

Youth Initiatives Department

2020 J Street

Sacramento, CA 95811

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First Name: _____ Middle: _____ Last: _____

Phone #: (____) _____ Alternative Phone #: (____) _____

Email: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Gender: _____ Date of Birth: _____

Ethnicity/Race: _____ Tribal Affiliation: _____

School currently attending: _____

Best way to get ahold of you: ☐ Call ☐ Text ☐ Email

Are you interested in other opportunities to participate in the Sacramento Native
 American Health Center's projects or events? ☐ Yes ☐ No

What days and times are you available?

Week Day	<Enter time slot>	<Enter time slot>	<Enter time slot>	<Enter time slot>
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				

Why You Want to Join this Team

Why do you want to be a part of SNAHC's Youth Ambassadors Program?

What are some of your strengths? What are some of your skills?

What skills do you want to learn?

Who Are You & Where You Have Been

What makes *you* unique?

Describe one accomplishment you are most proud of.

Describe a time you overcame a problem and what helped you overcome it.

Where You Are From

Describe the world you come from: family, friends, community, and/or culture.

What is one strength you have gained from your family, friends, community, and/or culture?

What does your community need?

Leadership in Your Community

Who is someone you look up to and why?

What do you want people to know about your community?

How would being a part of SNAHC's Youth Ambassadors Program help your community?