



WELLNESS IS TRADITIONAL



Culture is Prevention

For more information contact
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Pre-Registration is mandatory!

SNAHC Adult GONA (Gathering of Native Americans)

- — Honor Your Traditions, Make Healthy Choices — -

The mission of the Sacramento Native American Health Center, Inc. is to carry out the legacy of a healthy American Indian and Alaskan Native community based on cultural values delivered through traditional, transformational, innovative, accessible, and self-sufficient systems of health care.

The GONA will take place on the following dates from 5:30-7:30pm.

**May 24 May 25
May 31 June 1**

This is an Alcohol, Smoke And Drug Free Event

Participants must attend all 4-sessions

Location: Sacramento Native American Health Center
2020 J Street Sacramento, CA 95811

SPACE IS LIMITED!!
Participants will be selected on a first come, first served basis.
REGISTRATION DEADLINE: March 9, 2012

Support for this GONA event is provided by the California Rural Indian Health Board (CRIHB) and the Supporting Community Connections for American Indian Community Members in Sacramento County Project, funded through Sacramento County Department of Health and Human Services – Division of Behavioral Health Services – Mental Health Services Act funding.



This 4-day GONA is based on several ideas:

Community healing is necessary for substance abuse prevention. There will be a special emphasis on suicide prevention.

Healthy traditions in the Native American community are key to effective prevention.

The holistic approach to wellness is a traditional part of Native American belief systems.

Every community member is of value in empowering the community.

The GONA is a safe place for communities to share, heal, and plan for action.

The GONA provides Native communities with an indigenous framework to examine historical trauma, and its impact on substance abuse and suicidal behavior issues, with an emphasis on community empowerment

<http://preventiontraining.samhsa.gov/>

Facilitators: To be determined



REGISTRATION FORM

Space Is Limited

**SNAHC Adult GONA
(Gathering of Native Americans)
May 24th, 25th, 31st and June 1st, 2012**

Submit completed registration forms to

Aisha Prince
(916) 341-0574-fax
aishap@snahc.org

This is a 4-day Event
Event Days/Times are as follows:

5:30-7:30pm

Thursday 5/24 Friday 5/25

Thursday 5/31 Friday 6/1

Pre-Registration is mandatory!

Deadline to submit Registration form & Photo Release form is
March 9, 2012 at 5pm-NO EXCEPTIONS!

*****Please complete a separate registration form for each person attending*****

NAME _____

GENDER: Male / Female AGE: _____

ADDRESS _____ city/state/zip _____

PHONE # _____ Email _____

I am a SNAHC client I am a TANF/Cal Works client

Do you have any food allergies? No Yes, _____

Do you have any allergies to medication? No Yes, _____

Do you have any dietary restrictions? No Yes, _____

_____ I understand that this is a alcohol, smoke and drug free event.

For Office Use Only:
Date received: _____
Received by: _____



PHOTO RELEASE FORM

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Prevention**

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*****Please complete a Photo Release form for each person attending*****

SNAHC Photo Release Form

**Sacramento Native American Health Center, Inc (SNAHC)
2020 J Street , Sacramento, CA 95811**

Permission to Use Photograph/s

Subject: SNAHC Adult GONA (Gathering of Native Americans)
May 24th, 25th, 31st and June 1st, 2012

Location: Sacramento Native American Health Center

I grant to SNAHC, its representatives and employees the right to take photographs of me and my property in connection with the above identified subject. I authorize SNAHC, its assigns and transferees to copyright, use and publish the same in print and/or electronically. I agree that SNAHC may use such photographs of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and web content.

I have read and understand the above: Date _____

Signature _____

Printed Name _____

Address _____

City, State, Zip code _____

Fax or email completed
Photo Release forms to

Aisha Prince
(916) 341-0574-fax
aishap@snahc.org